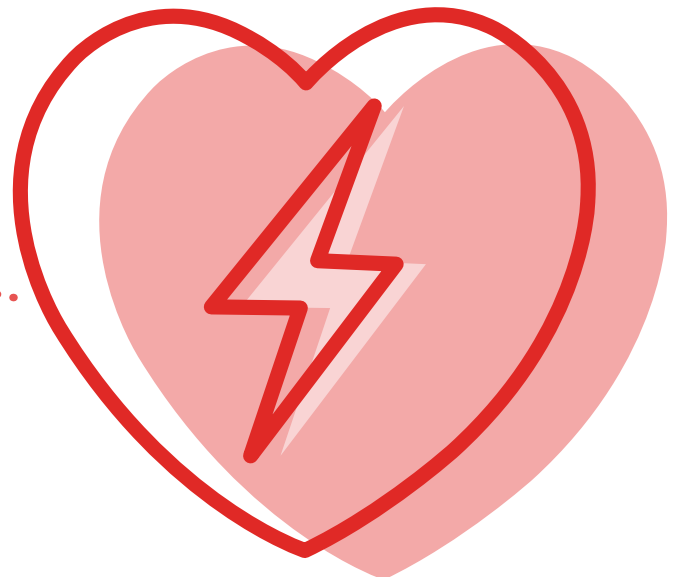


# CPR + AED AWARENESS WORKSHOP (CAAW) WORKSHOP OUTLINE

## METHODOLOGY

- Lecture
- Mirrored demonstration
- Drill and practice
- Discussion



## WORKSHOP MODULES

- Introduction of CPR + AED awareness
- Supervised practice of adult 1-man CPR + AED (hands-only compression)
- Question and Answer



### WORKSHOP FEE

- Complimentary for Singaporeans and Singapore PR, \$30 for foreigners
- Each participant will receive a complimentary CPR face-shield key chain



**DURATION**  
2 hours





## ACCREDITATION

- Accredited by the Singapore Red Cross Academy



## LANGUAGE

English



## LEARNING OBJECTIVES

At the end of the workshop, learners should be able to:

- Explain the duties and responsibilities of a CPR + AED provider
- Perform cardiopulmonary resuscitation (CPR) effectively on adult unconscious casualties
- Use an automated external defibrillator (AED) effectively on adult unconscious casualties
- Manage a medical emergency



## THINGS TO KNOW

- Good for everyone above 6 years old
- This program is supported by Temasek Foundation

